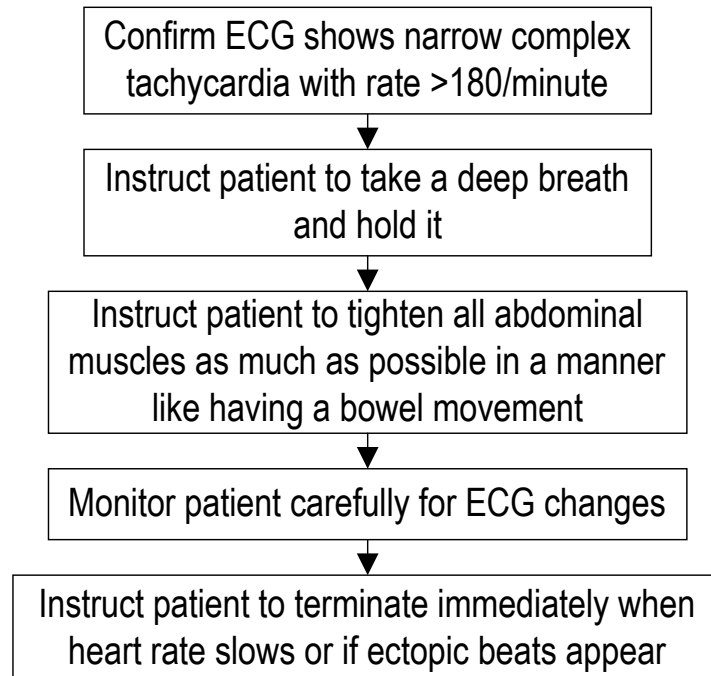


Initial: 5/10/00
Reviewed/revised:
Revision:

**MILWAUKEE COUNTY EMS  
PRACTICAL SKILL  
VAL SALVA MANEUVER**

Approved by: Ronald Pirrallo, MD, MHSA
Signature:
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<b>Purpose:</b>		<b>Indications:</b>	
To terminate supraventricular tachyarrhythmia		Supraventricular tachyarrhythmia	
<b>Advantages:</b>	<b>Disadvantages:</b>	<b>Complications:</b>	<b>Contraindications:</b>
Slows the heart to allow for adequate refill time and greater cardiac output	None	Ectopic beats	Patient unable to follow instructions Patient is hemodynamically unstable



**NOTES:**

- The patient must be monitored during the procedure and the effort terminated immediately when the heart slows or if ectopic beats appear.
- The val salva maneuver is the only sanctioned vagal maneuver within the Milwaukee County EMS system.
- Patient's with unstable supraventricular tachycardias (patients who show signs of compromised cardiac output) should be treated with medication or synchronized cardioversion.